

COURSE ROUTE:
 COURSE GOES NE ON STABLE MILL TRAIL, FOLLOWING IT TO LEFT, THEN TO THE RIGHT TO MEET MILL DAIRY TRAIL. LEFT ONTO MILL DAIRY TRAIL, A SHORT DISTANCE, OVER A BRIDGE, THEN VEERING RIGHT DOWNHILL ONTO MILL DAIRY TRAIL PASSING NATURAL AREA TRAIL ON THE WEST SIDE OF THE ROAD, RIGHT OVER THE CAUSEWAY, THEN RIGHT ONTO TYLER PARK DRIVE, TO THE MAIN PARK ROAD. LEFT ON MAIN PARK ROAD, FOLLOWING IT AROUND COUNTERCLOCKWISE BACK TO THE CAUSEWAY. NATURAL AREA TRAIL CROSSING THE CAUSEWAY TO GOING SOUTH ON MILL DAIRY TRAIL, FOLLOWING IT TO REJOIN STABLE MILL TRAIL. RIGHT ON STABLE MILL TRAIL, FOLLOWING IT WESTERNLY AND WESTERLY TO THE FINISH.

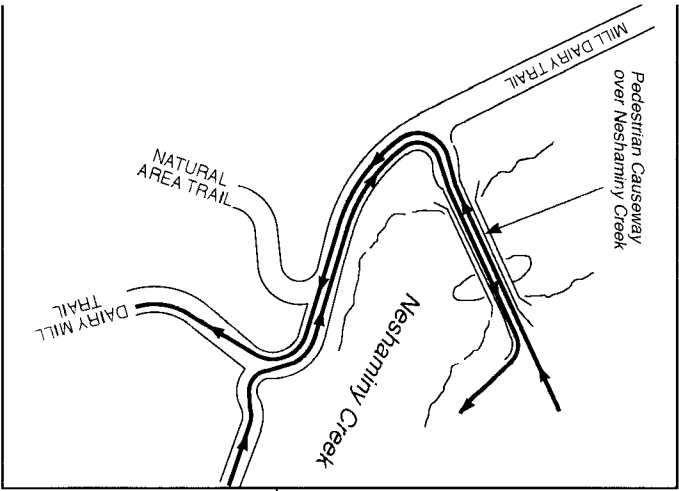


USATF/RRTC
 Certification Code:
PA10038WB
 Effective 09/05/2010 to 12/31/2010

RACE FOR RESOURCES 10K

Tyler State Park

Newtown, PA



MILE 5: ON MILL DAIRY TRAIL, APPROX 40' SOUTHERS FOR THE CREST OF THE ROAD, AND ALSO 90' SOUTH EAST GRASS HIGH WOOD POST WITH SEVERAL CHAINS ON EAST SIDE OF ROAD. MARKED BY 2" DIA. IN A SQUARE, 1"R ABOVE AND 10"R UNDER ALL IN GREEN PAINT, OUTLINED IN WHITE, 12' OUT FROM THE SOUTHWEST EDGE OF THE ROAD.

MILE 6: ON STABLE MILL TRAIL, 178' NORTHEAST OF THE SOUTHWEST CORNER OF THE UTILITY POLE #87151 ON THE NORTHWEST SIDE OF THE ROAD. MARKED BY 2" DIA. IN A SQUARE, 1"R ABOVE AND 10"R UNDER IN GREEN PAINT AND OUTLINED IN WHITE.

MILE 2: ON TYLER DR., TRAIL 389' SOUTHEAST AT THE INTERSECTION. MARKED BY 2" DIA. MASONRY BRIDGE MARKED BY 2" DIA. IN A SQUARE, 1"R ABOVE AND 10"R UNDER ALL IN GREEN PAINT, THE CENTER OF THE ROAD IN GREEN PAINT WITH WHITE OUTLINE.

MILE 4: ON MAIN PARK ROAD, 250' SOUTH OF THE CENTERLINE OF THE ROAD TO HICKORY NUT PICNIC AREA. MARKED BY 4" IN A SQUARE, 1"R ABOVE AND 10"R UNDER ALL IN GREEN PAINT, THE CENTER OF THE ROAD IN GREEN PAINT WITH WHITE OUTLINING.

MILE 1: ON STABLE MILL TRAIL, 198' WEST OF A SIGN SIGNAL INTERSECTION WITH MILL DAIRY TRAIL. MARKED BY 2" DIA. IN A SQUARE, 1"R ABOVE AND 10"R UNDER ALL IN GREEN PAINT, 12' OUT FROM THE NORTH SIDE OF THE ROAD.

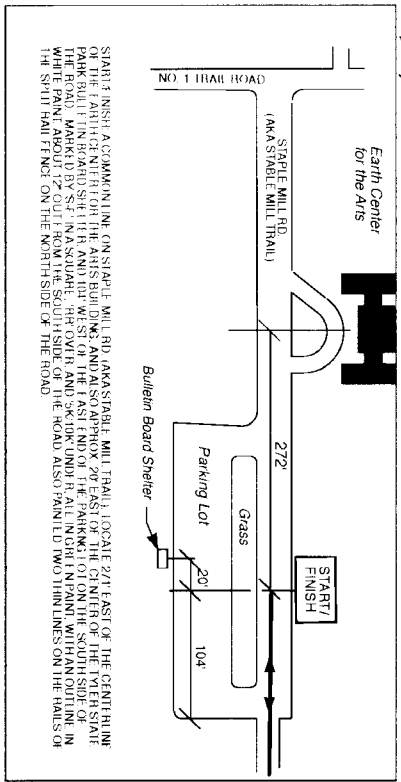
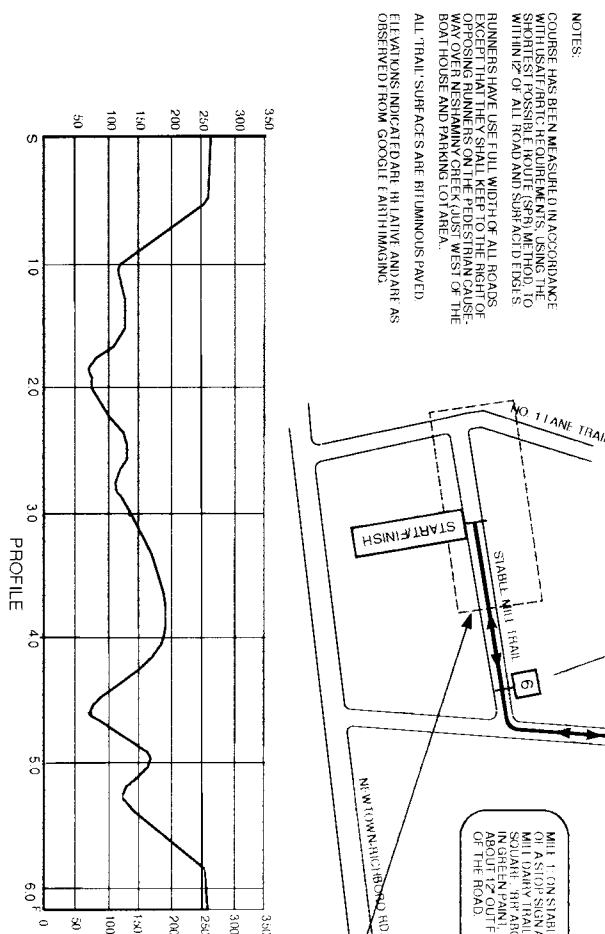
MILE 3: ON MAIN PARK ROAD, OPPOSITE THE MILL DAM PARKING LOT AND MORE ACCURATELY 75' NORTHEAST OF A PAIR OF 25 MPH SPEED LIMIT SIGNS ON EACH SIDE OF THE ROAD. MARKED BY 2" DIA. IN A SQUARE, 1"R ABOVE AND 10"R UNDER ALL IN GREEN PAINT WITH WHITE TRIM.

SR 6 ON MAIN PARK ROAD, 589' SOUTHWEST OF A PAIR OF 25 MPH SPEED LIMIT SIGNS ON EACH SIDE OF THE ROAD. MARKED BY 2" DIA. IN A SQUARE, 1"R ABOVE AND 10"R UNDER ALL IN GREEN PAINT WITH WHITE TRIM 12' OUT FROM THE NORTHWEST EDGE OF THE ROAD.

ELEVATIONS:

START	298 FT
HIGHEST	389 FT
LOWEST	22 FT

BILL BELLEVILLE
 ARDMORE, PA
 AUGUST 2010
 CS-1062



START/ FINISH: A COMMON LINE ON STABLE MILL RD, (AKA STABLE MILL TRAIL), LOCATE 272' EAST OF THE CENTERLINE OF THE EARTH CENTER FOR THE ARTS BUILDING AND APPROX 29' EAST OF THE CENTER OF THE TYLER STATE PARK BUILDING IN THE BACK SIDE OF THE FIRST END OF THE PARKING LOT ON THE SOUTH SIDE OF THE MAIN PARK ROAD. MARKED BY 2" DIA. MASONRY BRIDGE MARKED BY 2" DIA. IN A SQUARE, 1"R ABOVE AND 10"R UNDER ALL IN GREEN PAINT, THE CENTER OF THE ROAD IN GREEN PAINT WITH WHITE OUTLINE. ON THE SOUTH SIDE OF THE ROAD ALSO PAINTED TWO THIN LINES ON THE INSIDE OF THE SHOULDER FINISH ON THE NORTH SIDE OF THE ROAD.

NOTES:
 COURSE HAS BEEN MEASURED IN ACCORDANCE WITH USATF/RRTC REQUIREMENTS, USING THE SHORTEST POSSIBLE ROUTE (SPR) METHOD TO WITHIN 1/2" OF ALL ROAD AND SURFACE DISTANCES. RUNNERS HAVE USE FULL WIDTH OF ALL ROADS EXCEPT THAT THEY SHALL KEEP TO THE RIGHT OF OPPOSING RUNNERS ON THE PEDESTRIAN CAUSEWAY, BOAT HOUSE AND PARKING LOT AREA. ALL TRAIL SURFACES ARE BITUMINOUS PAVED. ELEVATIONS INDICATED ARE IN LAMPEY AND ARE AS OBSERVED FROM GOOGLE EARTH IMAGING.